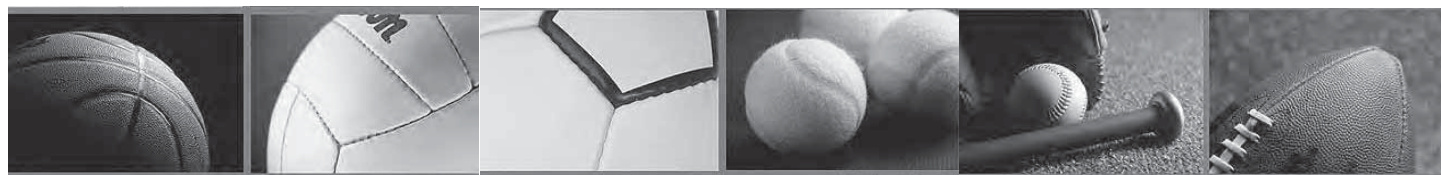


# Community Recreation & Culture Directory

Activity	Organization	Contact	Phone	Website/Email
<b>ART</b>	Vernon Public Art Gallery	Dauna Grant	250-545-3173	info@vernonpublicartgallery.com
<b>BOWLING</b>	Lincoln Lanes	Gord Wiffen	250-542-9837	members.shaw.ca/lincolnlanes
	Vernon Lawn Bowling Club	Jack Phillips	250-542-0212	vernonlawnbowlingclub.com
<b>CADETS</b>	1705 Royal Cdn Army Cadet Corps	BCD Capt. Blain	250-503-1705	www.cadets.ca
<b>DANCE</b>	En Avant School of Dance	Margo Larose	250-542-7192	margolarose@shaw.ca
<b>EDUCATION</b>	Sustainable Environment Network	Julia Lissau	250-542-0892	www.sensociety.org
<b>FENCING</b>	Vernon Freestyle Fencing	Matt Clarke	250-306-9253	vernonfreestylefencing.com
<b>FOOTBALL</b>	Vernon & Dist. Minor Football Assoc.	Jeff Anderson	250-241-0144	www.vernonfootball.ca
<b>GYMNASTICS</b>	North Valley Gymnastics Soc.	Elsa Kopp	250-558-5136	www.nvgym.com
<b>JUDO</b>	Vernon Judo Club	George Okazaki	250-542-2912	
<b>MARTIAL ARTS</b>	Kees Tae Kwon Do	Trevor Warekentin	250-545-7710	www.kees.ca
	Ultimate Truth Kyokushin Karate	Cliff Craske	250-307-7645	www.utkarate.ca
	Vernon Shotokan Karate-do	Michael Ciurka	250-307-7210	www.vernonshotokan.ca
<b>MUSIC</b>	Music For Young Children	Shari Bootsma	250-558-5513	myc.com/teacher/sbootsma
<b>POLE WALKING</b>	Keen Fit Pole Walking	Cheris/Ryan Murdoch	250-938-4852	cherisandryan@shaw.ca
<b>ROCK HOUNDING</b>	Vernon Lapidary & Mineral Club	Phyllica O'Brien	250-545-1274	patandphylicial@shaw.ca
<b>SAILING</b>	North Okanagan Sailing Association	Marc Reinard	250-260-4255	www.nosa.bc.ca
	Vernon Yacht Club		250-545-5518	www.vernonyachtclub.com
<b>SENIORS CENTRE</b>	Schubert Centre Society	Jack Gareb	250-549-4201	schubertcentre@shaw.ca
	Vernon Senior Citizens Rec.Society	Rosemary O'Neal	250-542-2877	halinaseniors@telus.net
<b>SPECIAL OLYMPICS</b>	Vernon Special Olympics	Doris Linemayr	250-542-1722	www.sobcvernon.ca
<b>SWIMMING</b>	Lumby Lightning Swim Club	Stacey Moss	250-503-0091	lumby.lightning@gmail.com
<b>TAI CHI</b>	Taoist Tai Chi Society of Canada		250-542-1822	vernon@taoist.org/www.taoist.org
<b>THEATRE</b>	Powerhouse Theatre	B. Keith	250-542-6194	www.powerhousetheatre.net
<b>TENNIS</b>	Vernon Tennis Association	Marsha White	250-558-1555	www.vernontennis.com
<b>TRIATHLON</b>	Kal R.A.T.S.			www.kalrats.com



## Get Noticed!

If your team, club or organization would like to be included in this directory, please call 250-550-3257. Cost to be included in this community recreation list is \$30 and includes a listing on our website and referrals from our office staff. The guide is delivered to 35,000 homes and greatervernonrecreation.ca receives over 72,000 visits per year! Please call for more information.