

MEET ENTRY FORM



2012 Vernon Masters Winter Carnival Swim Fest

Vernon Recreation Center
3310 37 Ave, Vernon, BC V1T 2Y5
(250) 545-6035

January 29, 2012

Sanctioned

Hosted by Vernon Kokanee Swim Club

NAME: _____ M/F _____ AGE as of 01/29/2012 : _____

ADDRESS: _____

PHONE: _____ BIRTHDATE: _____ SNC#: _____ AGE GROUP _____

Events entered(limit of 4 plus relays):

<u>EVENT</u>	<u>TIME</u>	<u>EVENT</u>	<u>TIME</u>

ENTRY FEES: \$ 30.00 FLAT RATE

Deck entries accepted: \$40.00 Flat Rate

Register online at: www.greatervernonrecreation.ca Code # **25673**

If you submit a paper entry then make checks payable to: **NORD**

CLUB/TEAM: _____ or UNATTACHED: _____

ASSOCIATION: _____

AGE GROUP (determined by your age as of January 29, 2012) (Must be 18 years old as of January 29, 2012)

Individual events(age group)

18-24 40-44 60-64 80-84

25-29 45-49 65-69 85-89

30-34 50-54 70-74 90-94

35-39 55-59 75-79 95-99

Meet Contact: Norlene Keller

Meet Entry Standards: There are no qualifying standards to enter the meet.

Eligibility: Open to any Canadian or International registered Masters swimmer 18 years old as of Jan. 29, 2012.

Entry Limit: Registration is limited to **100 swimmers**. Each individual may

enter 4 events plus relays. Meet management reserves the right to limit the number of heats and/or reschedule events.

Deadline for entries: January 15th, 2012

Refunds: No refund will be given out after the entry deadline.

Information: One 25 meter, 8 lane pool **Timing system:** Manual timing.

Rules: Rules of Masters Swimming Canada from the present edition will be applied. <http://mymsc.ca/Rules/MSC-Rules-Swimming-v2011-02-02.pdf>

Swimmers: Para-swimmers, who are registered Masters swimmers or are registered with SNC are welcome to participate fully in the meet.

Seeding: All events will be run slowest to fastest. **Some events well be combined.**

Relays: Mixed relays must be composed of two (2) men and two (2) women from the same club or affiliation. Relay cards with name, age and gender to be handed to Clerk of Course after mid meet break.

Site Information: Parking on-site, at no charge.

Lockers: Coin-operated lockers are available in the change rooms. Lockers to be cleared at end of meet.

Concession: None

Meet Start Time: Warm up - 7:30 am Start time- 8:40

****Swimmers may swim ONLY ONE of the swims in the combined events.****

Pls. specify which event you intend to enter(ie. 400 Fr or 400IM)

SCHEDULE OF EVENTS

EVENT	EVENT
1. 400 FR/400IM(combined)	BREAK
2. 100 Fly	9. 200 Mixed Free Relay
3. 50 Back	10. 50 Fly
4. 100 Breast	11. 100 Free
5. 200 Free	12. 200 Fly/Back or Breast combined
6. 100 IM	13. 50 Free
7. 50 Breast	14. 200 IM
8. 100 Back	15. 200 Mixed Medley(time permitting)

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING MEET OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: SNC, THE LOCAL MASTERS SWIMMING Club, HOST Organizaton and FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.

SIGNED: _____ DATE: _____